



LIVONGO FOR DIABETES

Diabetes Management, Simplified

Livongo for Diabetes makes diabetes management simple. This new and personalized experience helps members understand their blood sugar, develop health lifestyle habits, and improve glycemic control. This program begins on January 1, 2022 and is free for members on a medical plan with Express Scripts as their pharmacy. Available to EPO members only.

WHY LIVONGO FOR DIABETES?

Livongo uses data and technology to monitor your personal health status and give you support when you need it. Coaching and recommendations tailored to your specific needs will help you manage your diabetes in the long term.

HOW DO I SIGN UP?

To sign up or learn more visit welcome.livongo.com/PRISM or call Livongo Member Services at (800) 945-4355 using registration code: **PRISM**.

WHAT YOU GET WITH LIVONGO:

Effortless data collection: Receive a free cellular meter that provides real-time feedback for glucose readings, unlimited strips and lancets, removing barriers for checking, as well as food and activity tracking to understand lifestyle habits.

Personalized health signals: Get access to health challenges that drive small daily changes that result in big wins.

Human-centered approach: Get access to 24/7 remote monitoring with emergency outreach in the event of and out of range reading as well as access to 1:1 live coaching from Livongo expert coaches.

