

# Over-the-Counter Expenses

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This list is not intended to be a guarantee of reimbursement or eligibility. All claims are reviewed when they are received and the determination of eligibility or reimbursement is made based upon the information received from the plan participant.

## ELIGIBLE EXPENSES

- Ace bandages and braces
- Acne treatment such as Clearasil
- Allergy medication such as Claritin, Benadryl and Loratadine
- Antacids such as Tagamet, Zantac, Pepcid AC and Prilosec OTC
- Arthritis pain products such as BenGay and Tiger Balm
- Bandages such as gauze, tape and Band-Aids
- Blood pressure monitors
- Contraception products such as condoms and contraceptive jelly
- Cough, cold and flu products such as Nyquil, Robitussin and PediaCare, includes cough drops
- Eye lubricants such as Murine and Visine
- Hemorrhoidal suppositories and creams such as Tucks and Preparation H
- Homeopathic remedies such as Arnica Montana and Calendula
- Indigestion and heartburn, such as Alka-Seltzer, Pepcid AC, Prilosec, etc.
- Laxatives such as Phillips Milk of Magnesia
- Menstrual pain relief, such as Pamprin & Midol
- Mouth pain relievers such as Orabase and Anbesol
- Pain relievers such as ibuprofen, acetaminophen and naprosyn
- Prenatal vitamins
- Psoriasis gels like Dermarest
- Sinus medication such as Sudafed
- Sleep aids such as Sominex and Unisom
- Smoking cessation products such as Nicorette
- Topical antibiotics such as Triple Antibiotic Ointment and Bacitracin
- Topical steroids such as hydrocortisone cream
- Yeast and fungal infection medications such as Vagisil and Monistat 1

## INELIGIBLE EXPENSES

- Toiletries and sundry items (such as toothpaste, shaving cream, deodorant, shampoo, makeup)
- Electric toothbrushes
- Sunscreen
- Insect repellent

## DUAL PURPOSE EXPENSES

Nutritional supplements (such as vitamins, herbal supplements, and natural medicines) are not eligible unless they are recommended by a licensed practitioner and the item is not consumed to maintain general health. You must get a note from the practitioner to verify the recommendation. In addition, you must be able to certify that except for the particular medical condi-

tion, you would not be taking the supplement or using the product.

Examples:

- Herbal supplements and natural medicines such as Glucosamine, St. John's Wart, Gingko Biloba, and Echinacea
- Vitamins and mineral supplements such as Iron and B Complex

- Hair re-growth products such as Rogaine for hair loss resulting from conditions other than male pattern balding



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